

Optimal Vancomycin Model Selection for Obese Patients Receiving Outpatient Parenteral Antimicrobial Therapy (OPAT)

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Key Findings

- **Model selection is most important at initiation of therapy**
- **Obesity models provided good *a priori* performance and are recommended for initiation of therapy in the obese population**
- **Crass and Hughes models provided the best results *a priori* for obese patients**
- **For *a posteriori* predictions, non-obese models were non-inferior to obese models in our OPAT population**

Background

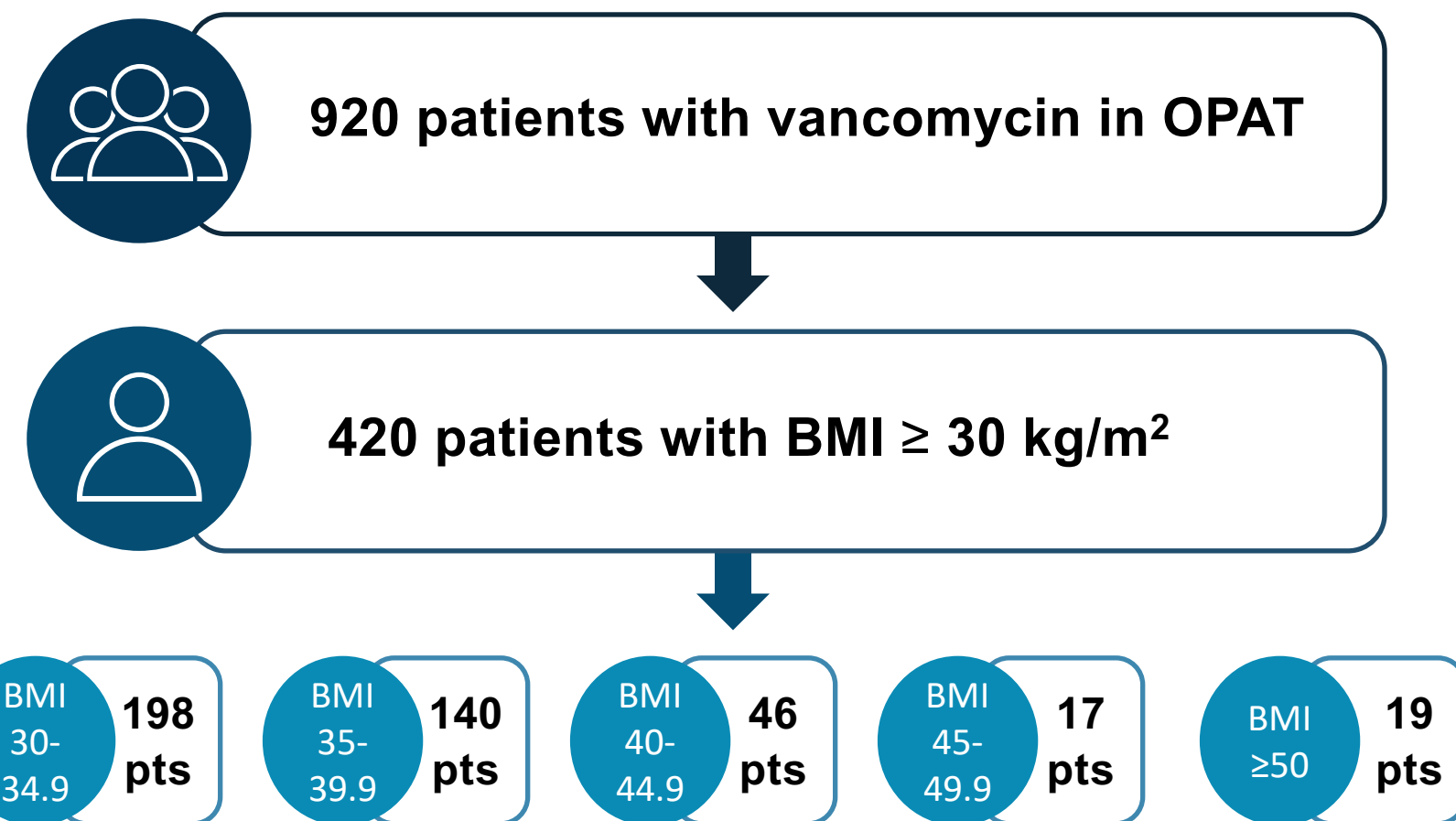
- The incidence of obesity in the U.S. was 41.9% in 2017-2020.
- Optimal OPAT dosing of vancomycin (VAN) is challenging in obese patients.
- Multiple Bayesian pharmacokinetics (PK) models to aid in AUC estimation exist, including several obesity-specific models.
- PK population models in the absence of drug serum levels (*a priori*) are useful to initiate therapy, but once drug serum levels are obtained, model performance is based upon individual patient PK (*a posteriori*).
- This study is the first evaluation of the optimal PK model for obese patients receiving OPAT.

Methods

- The patient population included the following:
 - All OPAT pts who received vancomycin in 2022-2023
 - Patients who had at least 1 vancomycin level
 - Patients with a body mass index (BMI) ≥ 30 kg/m²
- Data collection included:
 - Demographics and Anthropometrics
 - Treatment information
 - Laboratory values

- Ten models were used to predict vancomycin serum concentrations and calculate AUC₂₄ utilizing a Bayesian dosing software program
 - 6 models were not specifically designed for the obese population
 - 4 models were developed for obese population
 - Goti model was modified by removing a rule that rounded serum creatinine to 1 mg/dL in pts > 65 years
 - Thomson model was modified by capping the creatinine clearance at 150 mL/min
- Model performance was assessed by using a *a priori* root mean square error (RMSE) and a *a posteriori* RMSE
- The average RMSE was calculated for patients with a BMI 30-39.9 kg/m² and for patients with a BMI ≥ 40 kg/m²
- The best model performance was identified for each BMI category as the model which had the lowest RMSE

Patient Population



Patient Characteristics

Table 1. Patient Population Characteristics

Characteristic	Results (N=420)
Age, median (IQR) years	61 (52-68)
Male, n (%)	248 (59)
Weight, kg, median (IQR)	
Measured	106.8 (IQR 95.2-120.9)
Ideal	66.2 (IQR 57.0-75.3)
Adjusted	84.2 (IQR 74.6-92.8)
Height, cm, median (IQR)	172.7 (IQR 165.1-182.0)
BMI, n (%)	
BMI 30-34.9	198 (47)
BMI 35-39.9	140 (33)
BMI 40-44.9	46 (11)
BMI 45-49.9	17 (4)
BMI ≥ 50	19 (5)
BMI Average Groups, n (%)	
BMI 30-39.9	338 (80)
BMI ≥ 40	82 (20)

Results

Table 2. Comparison of Models

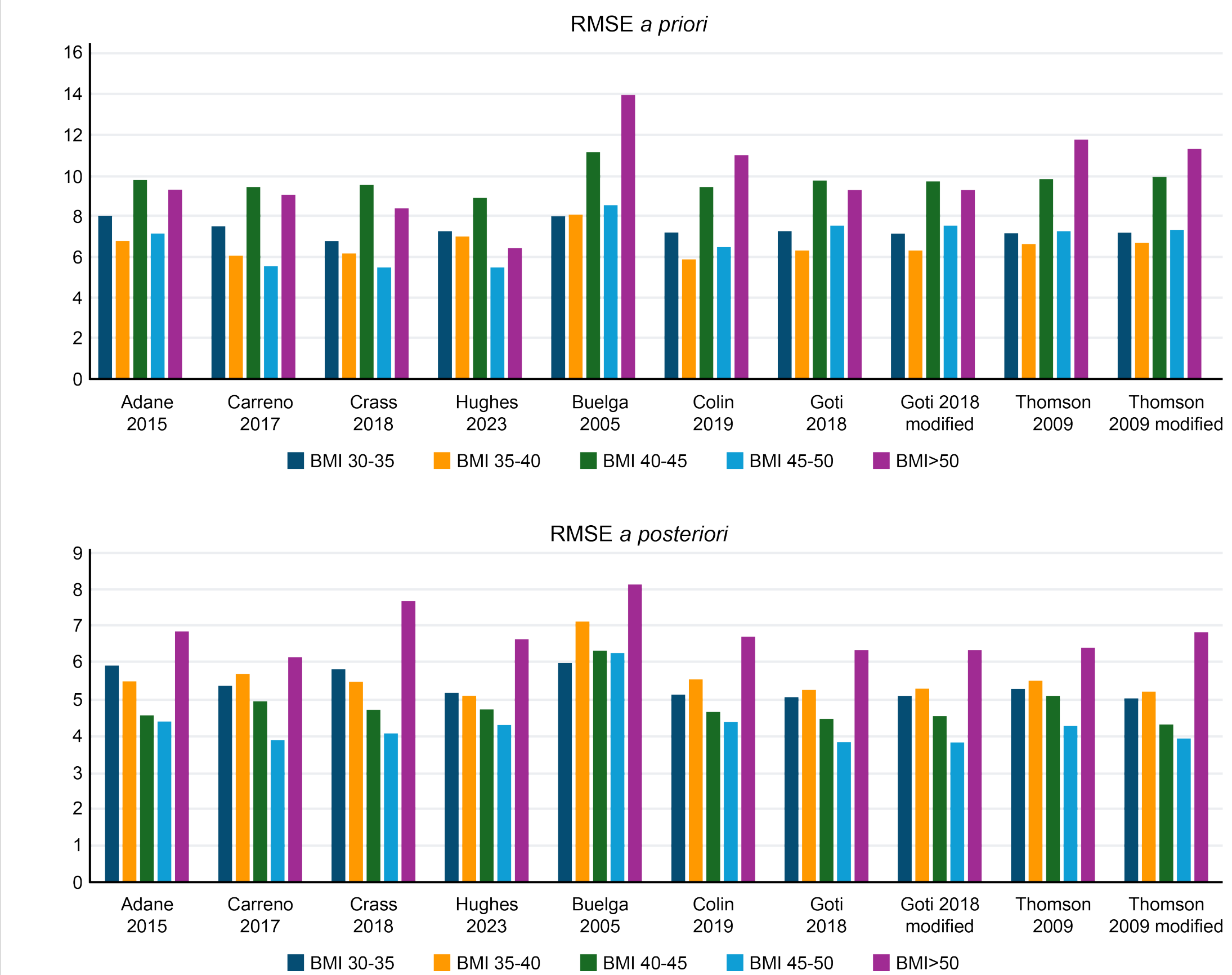
Model (Author Year)	Age Range (years)	Weight Range (kg)	BMI Range (kg/m ²)	Model Population Features
Adane 2015	38.5-53	142.8-178.3	44.3-54.8	Obesity model
Carreno 2017	23-74	110-250	NR	Obesity model
Crass 2018	19-88	69.6-293.6	30.1-85.7	Obesity model
Hughes 2023	24.2-89.3	79.8-218	40-70.3	Obesity model
Buelga 2005	35.6-76.4	53.1-76	NR	Hematologic malignancy population
Colin 2019	0.0027 – 101	0.42-160	NR	Included all ages
Goti 2018	17-101	33-255	NR	Included HD, CRRT and ICU patients
Goti 2018 modified	17-101	33-255	NR	-
Thomson 2009	16-97	40-159	NR	-
Thomson 2009 modified	16-97	40-159	NR	-

Table 3. Model Performance Assessment

RMSE performance by model (mg/dL)										
RMSE <i>a priori</i> predictions (mg/dL)										
Body Mass Index	Obesity Models				Other Models					
BMI (kg/m ²)	Adane 2015	Carreno 2017	Crass 2018	Hughes 2023	Buelga 2005	Colin 2019	Goti 2018	Goti 2018 modified	Thomson 2009	Thomson 2009 modified
BMI 30-34.9	8.00	7.48	6.79	7.26	8.00	7.21	7.24	7.15	7.15	7.19
BMI 35-39.9	6.75	6.05	6.14	7.00	8.06	5.88	6.30	6.31	6.63	6.70
BMI 30-39.9*	7.38	6.77	6.46	7.13	8.03	6.55	6.77	6.73	6.89	6.95
BMI 40-44.9	9.75	9.44	9.54	8.89	11.13	9.43	9.77	9.71	9.80	9.91
BMI 45-49.9	7.13	5.56	5.49	5.08	8.52	6.50	7.52	7.54	7.23	7.29
BMI ≥ 50	9.30	9.04	8.39	6.43	13.92	11.01	9.29	9.30	11.74	11.28
BMI $\geq 40^*$	8.73	8.02	7.81	6.80	11.19	8.98	8.86	8.85	9.59	9.49
RMSE <i>a posteriori</i> predictions (mg/dL)										
BMI 30-34.9	6.01	5.36	5.84	5.20	5.93	5.17	5.10	5.12	5.29	5.05
BMI 35-39.9	5.52	5.73	5.50	5.12	7.13	5.57	5.27	5.32	5.52	5.22
BMI 30-39.9*	5.77	5.55	5.67	5.16	6.53	5.37	5.19	5.22	5.41	5.13
BMI 40-44.9	4.58	4.96	4.76	4.74	6.35	4.69	4.50	4.55	5.11	4.33
BMI 45-49.9	4.42	3.92	4.08	4.33	6.26	4.42	3.85	3.86	4.32	3.95
BMI ≥ 50	6.85	6.16	7.70	6.66	8.13	6.73	6.34	6.34	6.44	6.82
BMI $\geq 40^*$	5.28	5.01	5.51	5.24	6.91	5.28	4.90	4.92	5.29	5.03

*average value calculated for the combined group
RMSE = Root Mean Squared Error

Figure 1. Model Performance Assessment



DISCUSSION

- Obese models for vancomycin dosing are relatively new, with few available.
- Four models specifically designed for the obese patients were evaluated along with six non-obese models with this OPAT population.
- Crass and Hughes obese models performed best *a priori* in this obese OPAT pt population.
- Thomson modified and Goti non-obese models performed best *a posteriori*.
- Limitations
 - There were few patients with BMI ≥ 40 kg/m² who had data and could be included in this evaluation of PK models.
 - Additional patients with BMI ≥ 40 kg/m² and especially with BMI ≥ 45 kg/m² are needed for enhanced evaluation of this patient population with Class III Obesity.
 - RMSE does not allow determination of whether the model overestimates or underestimates vancomycin dosing and ensuring early adequate therapy is important for efficacy.

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